

Emotions

Equipping Hour

Sunday, July 28, 2024

What are emotions?

What are emotions for?

What do I do with my emotions?
(recognizing that you **MUST** do something with them)

- in the emotional moment:

- outside of the emotional moment:

Resources:

Feelings and Faith by Brian Borgman

The Sympathy of Christ by Octavius Winslow

Religious Affections by Jonathan Edwards