

Name: _____

December 13 & 16, 2023

Lesson 8

(D1:THE HEART) SHEPHERDING OUR HEARTS DAY BY DAY

DUE:

Wednesday, January 10 / Saturday, January 13

Before you begin your lesson, prayerfully read Ephesians 4:29 and Philippians 4:8-9. Consider writing these verses on a card to memorize or review throughout your day and week.

LOOKING BACK...

Review your notes from the lesson Shepherding Our Hearts Day by Day.

1. What was most impactful to you? Explain.
2. How does reflecting on the attributes of God help you shepherd your heart during times you might be prone to listening to yourself?
3. Look over the PAUSE/PONDER/PRAY questions on your outline. Ask God to show you what needs to change and then answer three questions that will help you to change.
 - a)
 - b)
 - c)

LOOKING DAY BY DAY... Record examples of good and/or bad heart-shepherding that you have come across in your Bible reading recently.

LOOKING AHEAD...

In preparation for Lesson 9, "Prayer & the Disciplines", find, familiarize yourself with, and pray through PREPARING TO MEET WITH GOD IN HIS WORD - An Example of How the Wellspring Disciplines Might Shape Your Prayerful Approach to God.

From this prayer, make a list of all the reasons why we must prayerfully come before God with our Bible open.

Wellspring Kids Memory Verse:

"I shall remember the deeds of the Lord; Surely I will remember Your wonders of old. I will meditate on all Your works and muse on all Your deeds. Your Way, O God, is holy; What god is great like our God? You are the God who works wonders; You have made known Your strength among the peoples."

Psalm 77:11-14