

Name: \_\_\_\_\_

March 20 & 23, 2024

Lesson 14

## (D1: THE HEART, D2: THE HOME, D3: MINISTRY) AN EXCELLENT WOMAN

DUE:

Wednesday, April 3 / Saturday, April 6

### LOOKING BACK...

The following is from the worksheet:

*What is praiseworthy about the Proverbs 31 woman? In what ways does her life display wisdom?*

- The priority of her household (and for the married woman, her husband)
  - Trustworthy
  - Content
  - The focus of her efforts
  - Looks well to the ways of her household
- Her work ethic (not a sluggard!)
  - Initiative
  - Diligence
  - Planning, preparation for needs
  - Skill
  - Prudence
  - Does not eat the bread of idleness (chooses not to develop a taste for it)
- Her attitude/character
  - Trustworthy
  - Works with delight
  - Faithful stewardship
  - Loves and does what is good
  - Righteous
  - Appropriate
  - Not fearful
  - Smiles at the future
  - Humble
  - Strength
  - Dignity
  - Obedient to God and His Word
  - Compassionate and merciful
  - Speaks wisdom, teaches kindness (including God's Word and character)

1. Review the Digging Deeper homework from the last lesson on the fear of the Lord, then review the summary of the Proverbs 31 woman (above).

Explain the connection between the fear of the Lord and her wise living.

2. a. Based on the summary of the Proverbs 31 woman (above), what are some ways you see God working to produce wise living in your life?

b. How does your fear of the Lord motivate you in these areas? Or, if you have not been intentional about using the fear of the Lord to motivate you, what are some biblical truths that can transform your motives?

3. a. Based on the summary of the Proverbs 31 woman (above), what areas do you see where you still need to grow in wisdom/wise living?

b. Choose one or more from your answer to part a, and describe why each of those manifestations of wisdom is praiseworthy.

c. Write out a prayer to God about growing in this area. Talk to Him about:

- Specific truths which will be helpful;
- How you will seek to renew your mind and change your actions;
- How you want your life to show the praiseworthiness of His wisdom.

**LOOKING AHEAD...**

In preparation for the next lesson, "Train Yourself for Godliness", answer honestly. Describe your personal desire to be godly.

How is this desire or lack thereof visible in your daily life? Speak to specific practices (like Bible reading) but also at work, at home, and at play?

Read 1 Timothy 4 and Hebrews 12 on your own prior to the next Wellspring session.

**Wellspring Kids Memory Verse:**

"I shall remember the deeds of the Lord; Surely I will remember Your wonders of old. I will meditate on all Your works and muse on all Your deeds. Your Way, O God, is holy; What god is great like our God? You are the God who works wonders; You have made known Your strength among the peoples."

Psalm 77:11-14