

Name: \_\_\_\_\_

April 3 & 6, 2024

Lesson 15

## (D1: THE HEART) TRAIN YOURSELF FOR GODLINESS

**DUE:**

**Wednesday, April 17/ Saturday, April 20**

Before starting your Wellspring homework, praise God for who He is based on something you learned about Him from this lesson or something you've seen in your daily Bible reading. Ask Him to help you grow in your love for Him and your obedience to Him through your time of study.

### **LOOKING BACK...**

Look back at your notes from the lesson.

1. What patterns of living in your life are not consistent with "discipline for the sake of godliness"?

2. What specific changes need to happen in light of what you learned this week?

3. Comment on your current state of discipline in the following areas, note what has been good and bad. What current practices do you need to continue? What changes in each need to be made? How and why will you make them?

1. Bible reading

2. Sexual purity

3. Diet

4. Exercise

**LOOKING AHEAD...**

In preparation for the next lesson, Kardiosclerosis, read Hebrews 3:12-15. According to this passage, what might be some factors that could produce hardness of the heart? Prayerfully consider if any of these factors have a foothold in your heart and life.

**Wellspring Kids Memory Verse:**

"I shall remember the deeds of the Lord; Surely I will remember Your wonders of old. I will meditate on all Your works and muse on all Your deeds. Your Way, O God, is holy; What god is great like our God? You are the God who works wonders; You have made known Your strength among the peoples."

Psalm 77:11-14