

## (D1:THE HEART) Train Yourself for Godliness

### Introduction

*1 Timothy 4:7b–9 (LSB): Train yourself for the purpose of godliness, for bodily training is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. It is a trustworthy saying and deserving full acceptance*

### Context

Train Yourself for the Purpose of Godliness

Comparison: Bodily training of only a little profit

Godliness is profitable for all things

This is a trustworthy statement: Application