

## (D1: The Heart)

# Kardiosclerosis - The Dangers, Causes, & Remedies

### Introduction:

A Description of Hard-Heartedness – Hebrews 3:12-15

- verb: "to harden" or "to become hardened" [of heart] (Hebrews 3:8,13,15; 4:7; Romans 9:18; Acts 19:9).
- adjective: "hardness" [of heart] (Romans 2:5).
- noun: "condition of unyielding frame of mind, or hardness of heart" (Matthew 19:8; Mark 10:5; 16:14).

### I. The Dangers of Hard-Heartedness

1. A weakened conscience — 1Timothy 1:19.
2. A weakened witness — Titus 2:9-15.
3. A weakened church — Ephesians 4:16.
4. A decreasing delight in Christ — John 14:21.
5. Faltering assurance — Romans 8:12-17.

6. A vicious cycle — Galatians 6:7-9.

7. Apostasy — Hebrews 10:26-31.

## **II. The Causes of Hard-Heartedness**

1. See above. Many of the causes of hard-heartedness are also the result of hard-heartedness.

2. Neglect — 2 Peter 1:3-11.

3. False Teaching — 2 Peter 2:17-21.

4. Weak Teaching — 1 Timothy 1:3-6.

5. Rejection of the Truth — Acts 19:9.
  
6. Isolation from the local church — Hebrews 10:25-27.
  
7. Disobedience — Hebrews 3:13.

### **III. The Remedies for Hard-Heartedness**

#### **Individual Remedies**

1. Bible intake — Psalm 1.
  
2. Prayer — Psalm 119:10.

#### **Corporate Remedies**

1. Assembling together — Hebrews 10:25-26.
  
2. Being shepherded — Hebrews 13:17.

3. Restoration — Galatians 6:1-3.
  
4. Church discipline — Matthew 18:15-20.

### **Divine Remedies**

1. All of the above ARE God's remedies, as they are His ordained means.
  
2. Discipline — Hebrews 12:5-11.
  
3. Warnings — Matthew 13:1–9,18–23; Mark 13:13; 1 Timothy 1:18–19; Hebrews 2:1; 3:6,12,14; 4:1,14; 6:4–8; 10:23–39; 12:15–17; 2 Peter 1:8–11; 2:19–22; 1 John 2:19; Jude 21.
  
4. Death — 1Corinthians 11:29-30.

### **Considering the Wellspring Disciplines:**